

LAPORAN TUGAS AKHIR

**ASUHAN KEBIDANAN PADA RENMAJA DENGAN
DISMINORE SEDANG**

Diajukan Untuk Memperoleh Gelar Ahli Madya Kebidanan (A.Md.Keb)
Pada Program Studi Diploma 3 Kebidanan STIKES YARSI Mataram



OLEH :

RITA SOFIANA
027 SYEBID 16

**YAYASAN RUMAH SAKIT ISLAM NUSA TENGGARA BARAT
SEKOLAH TINGGI ILMU KESEHATAN YARSI MATARAM
PROGRAM STUDI KEBIDANAN JENJANG D. III
MATARAM
2020**

HALAMAN PERSETUJUAN

Ujian Naskah/Ujian Laporan Tugas Akhir dengan judul "Asuhan Kebidanan Pada Remaja Dengan Disminore Sedang" telah disetujui untuk diajukan di hadapan Tim Penguji Laporan Tugas Akhir Program Studi Kebidanan Jenjang D.3 Stikes Yarsi Mataram pada

hari : SELASA

tanggal : 30 JUNI 2020

Pembimbing I : Baiq Ricca Afrida M.Keb

(..........)

Pembimbing II : Susilia Idyawati, S.St., M.Kes

(..........)

Mengetahui,

Ketua Prodi Kebidanan Jenjang D.3



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LEMBAR PENGESAHAN

Laporan Tugas Akhir dengan Judul "Asuhan Kebidanan Pada Remaja Dengan Disminorea Sedang" telah di pertahankan dan diperbaiki sesuai dengan masukan Tim Penguji Laporan Tugas Akhir Program Studi Kebidanan Jenjang D.3 STIKES YARSI Mataram pada:

Hari : SELASA

Tanggal : 11 AGUSTUS 2020

Penguji I : Ni Putu Aryani, S.ST.,M.Kes

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Penguji II : Baiq Ricca Afrida M.Keb

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Penguji III : Susilia Idyawati, S.ST., M.Kes

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High School of Health and Science Yarsi Mataram
Study Program of D. III of Midwifery
Research Report. June 2020
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MIDWIFERY CARE ON ADOLESCENTS WITH MEDIUM LEVEL OF DISMENOREA

ABSTRACT

World Health Organization (WHO) data in 2016 showed the incidence of dysmenorrhea more than 50% of women in every country. The incidence was 1,769,425 people (90%), 10-15% of them was in severe category. Indonesia was amounted to 64.25% consisting of 54.89% primary dysminorea category and 9.36% secondary dysminorea category. Dysminorrhea is a feeling of severe cramping in the uterine area or felt in the lower abdomen during menstruation, it can cause of back pain and menstrual disorders. This pain occurs due to an imbalance of the progesterone hormone, which causes lower abdominal cramps (Nurwana, Sabilu, & Andi Faizal Fachlevy, 2017). How to deal with dysminorrhea can be done with warm water compresses and rest. The objective of this research is to provide Midwifery Care on Adolescents with MediumLevel of Dysminorrhea on Ms. "V" and Ms. "R".

The method used in this research was case study, it was conducted from 11 to 20 of May 2020, using the 2 same cases with different patients, they are adolescents with dysminorea, the data collection techniques used in this research were interviews, observation, physical examination.

Based on the results of this research, it was found that adolescents with medium level of dysminorrhea at Nn "V" said that she was on their second day with complaints of dizziness, weakness and lower abdominal pain, while Ms "R" said that on the first day of menstruation with complaints of nausea, dizziness, weakness, and pain in the lower abdomen

In conclusion, there is a decrease in the degree of dysminorrhea before and after being given midwifery care in reducing dysminorrhea pain in adolescent .







Keywords: Dysmenorrhea, Adglescents (2010-2019)






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| NO | HARI/TANGGAL | MATERI KONSUL | FOLLOW UP | PEMBIMBING I |
|----|------------------------|---|-----------|---|
| 1 | selasa, 16 - 06 - 2020 | - Format Penulisan - profil NTR dan WHO - Teori - Bab IV | Revisi |  |
| 2 | | - format penulisan - Profil NTR Terbaru - Data WHO Terbaru - Teori | Revisi |  |
| 3 | | - format penulisan - Data Lotim - Teori - perencanaan | Revisi |  |
| 4 | | - format penulisan - Teori - waktu pelaksanaan | Revisi |  |
| 5 | | - kesimpulan - etiologi | Revisi |  |
| 6 | | - Abstrak - teori penyebab Daminu dan etiologi bab IV | Revisi |  |

| | | | | |
|---|-------------------|-------------------------------|--------|--|
| 7 | Senin 10-08-2020 | - Abstrak - Bab <u>III</u> | Revisi |  |
| 6 | Selasa 11-08-2020 | ACC | Acc |   |